

THE BOX <i>- Donut -</i> <i>- & More -</i>	NUTRITION FACTS - SERVING SIZE: 100 G								ALLERGEN INFORMATION													
	Energy (kJ)	Energy (kcal)	Fat (g)	of which saturates (g)	Carbo-hydrate (g)	of which sugars (g)	Protein (g)	Salt (g)							Sulphur dioxide, sulphites	Sesame seeds	Fish	Crusta-ceans	Celery	Mustard	Molluscs	Lupin
SQUAREDONUT																						
After 8:02	1 531	367	23,7	10,2	32,7	13,0	5,8	0,5														
Almond cream	1 664	399	25,1	9,3	36,5	16,8	6,7	0,5														
Angel hair	1 681	403	25,3	10,2	37,3	17,7	6,6	0,5														
Apple caramel	1 455	348	18,4	6,2	40,2	19,1	5,3	0,5														
Apple pie	1 415	338	16,9	6,0	41,6	21,3	4,9	0,4														
Apricot	1 536	367	19,0	7,0	43,9	24,8	5,2	0,4														
Apricot & noisette	1 550	371	22,5	6,4	36,0	16,4	6,2	0,5														
Apricot dream	1 422	339	15,6	4,7	44,7	24,9	4,9	0,5														
Aranygaluska - Walnut cream	1 509	362	24,4	8,8	30,4	11,1	5,2	0,5														
Baileys	1 597	383	25,5	11,5	32,6	14,1	5,7	0,5														
Banoffee	1 445	345	17,5	6,8	41,8	23,0	5,1	0,5														
Biscoff & coffee	1 569	376	24,2	10,4	34,1	14,5	5,6	0,5														
Biscoff & strawberry	1 567	375	23,2	9,5	36,0	15,8	5,6	0,5														
Black Forest	1 540	369	22,9	9,9	35,3	17,3	5,5	0,5														
Blueberry	1 482	354	17,4	6,6	44,8	26,1	4,5	0,5														
Blueberry cheesecake	1 628	390	22,6	9,8	41,8	23,4	4,8	0,4														
Blueberry choco	1 617	388	25,5	9,4	33,9	13,4	5,8	0,5														
Blueberry vanilla	1 628	390	25,2	9,2	35,3	15,0	5,7	0,5														
Boston	1 583	380	24,9	10,8	33,1	12,8	5,7	0,5														
Bounty	1 727	414	26,6	13,4	37,8	17,7	6,0	0,5														
Box	1 628	391	25,2	11,2	35,1	15,9	5,9	0,5														
Brownie boom	1 652	396	25,9	10,9	34,8	15,1	6,1	0,5														
Camouflage	1 971	473	30,1	10,8	42,5	13,2	7,9	0,8														
Caramel	1 667	399	24,2	10,6	39,8	20,4	5,5	0,5														
Caramel & noisette	1 635	393	26,3	10,4	33,5	17,0	5,5	0,4														
Caramel apple cheesecake	1 595	382	22,8	9,9	38,8	19,8	5,3	0,5														
Caramel apple crumble	1 412	337	17,3	6,1	40,6	21,4	4,8	0,4														
Caramel brownie	1 676	402	25,9	11,4	36,5	18,6	5,7	0,5														
Caramel cheesecake	1 759	422	26,9	12,2	39,3	20,8	5,7	0,5														
Caramel popcorn	1 948	466	27,3	10,0	47,8	19,2	7,3	0,9														
Caramel rocher	1 714	411	26,4	11,4																		

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Confetti	1 971	472	27.7	10.5	48.7	21.5	7.1	0.7														
Cranberry chia	1 614	388	26.1	11.6	31.7	9.1	6.3	0.5														
Crème brûlée	1 525	365	22.3	9.0	35.8	14.7	5.4	0.5														
Crispy almond	1 688	405	25.2	9.7	37.7	18.2	6.8	0.5														
Curiosity	1 585	380	24.7	9.7	33.2	14.6	6.2	0.5														
Date orange	1 498	358	17.6	5.5	44.5	23.7	5.4	0.5														
Dobos - Chocolate crunch	1 537	368	22.6	9.2	35.6	14.6	5.7	0.6														
DUBAI LOVE choco	1 671	401	25.4	10.8	36.6	16.6	6.4	0.5														
DUBAI LOVE choco caramel	1 692	405	24.8	11.2	40.0	20.5	5.6	0.5														
Espresso	1 577	377	20.4	8.6	43.6	24.6	4.8	0.5														
Essence	1 514	363	22.2	9.8	35.6	17.0	5.2	0.5														
Eszterházy - Walnut dream, Esterhaas	1 686	405	27.1	10.6	34.4	14.3	5.8	0.5														
Everything	1 652	396	25.4	11.3	35.7	16.3	6.2	0.7														
Everything pink	1 632	391	24.1	10.6	37.7	19.0	5.8	0.5														
Everything white	1 660	398	25.1	11.1	37.1	18.0	5.9	0.7														
Fig & walnut	1 578	378	23.4	8.3	36.8	18.7	5.2	0.5														
Flódni	1 510	362	22.8	8.4	33.6	13.2	5.6	0.5														
Flower	1 596	383	23.9	10.3	36.3	16.8	5.5	0.5														
Francia krémes - Vanilla dream	1 423	341	21.7	10.5	31.8	14.3	4.7	0.5														
Gerbeaud	1 584	380	23.3	8.4	36.9	17.5	5.5	0.5														
Gin tonic	1 556	373	24.8	11.1	32.3	14.2	5.4	0.5														
Gingerbread	1 596	383	25.0	11.0	33.7	13.2	5.7	0.5														
Gold rose	1 604	385	24.9	10.9	34.4	14.6	5.8	0.5														
Goose liver brulee	1 574	378	27.0	9.7	25.8	8.0	8.0	0.5														
Granola choco	1 583	380	24.2	10.4	34.1	12.6	6.2	0.5														
Hazelnut	1 693	406	25.7	10.9	37.6	16.9	6.1	0.5														
Hazelnut love	1 710	410	25.4	10.7	39.2	18.8	6.1	0.5														
Jasmine green tea	1 618	388	25.2	11.3	34.6	15.7	5.7	0.5														
Karamellás körte	1 518	364	21.3	9.4	38.0	20.9	4.9	0.6														
Key lime	1 543	370	22.4	9.6	36.7	16.9	5.4	0.5														
Lemon	1 542	370	22.6	9.5	35.9	16.1	5.5	0.5														
Lemon & basil	1 584	380	24.3	10.5	34.7	15.2	5.6	0.5														
Lemon & poppy	1 819	435	23.0	6.9	50.3	23.0	6.5	0.7														
Lemon cheesecake	1 611	387	25.3	11.2	34.0	14.2	5.8	0.5														
Lemon meringue	1 536	368	22.0	9.7	36.9	20.7	5.6	0.5														
Lemoncurd pistachio	1 738	417	27.4	11.6	35.9	17.1	6.7	0.5														
Lemoncurd raspberry	1 578	378	23.8	10.1	34.3	16.5	6.6	0.5														
Lotus	1 698	407	25.4	10.4	38.8	16.8	5.8	0.6														
Lotus cheesecake	1 716	412	27.5	11.5	35.0	14.3	6.1	0.5														

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Nut love	1 819	437	31.2	10.2	31.5	15.7	7.5	0.4														
Nutella	2 021	484	30.2	9.9	45.9	22.7	7.3	0.6														
Nutella cheesecake	1 745	419	27.5	11.9	36.6	17.3	6.4	0.5														
Nutella glazed	1 896	453	23.8	7.6	53.4	27.9	6.4	0.7														
Nutty	1 995	478	29.2	9.2	46.4	21.7	7.5	0.7														
Old fashioned	1 811	433	21.8	6.9	53.2	28.3	5.9	0.6														
Orange choco	1 589	381	24.7	10.8	33.9	14.1	5.9	0.5														
Oreo	1 648	395	25.3	10.9	36.1	15.4	5.8	0.5														
Oreo black	1 617	388	24.4	10.3	36.3	15.5	5.7	0.5														
Oreo cheesecake	1 743	418	26.5	11.5	38.6	17.5	6.2	0.5														
Oreo white	1 991	477	29.6	10.7	45.2	16.7	7.6	0.8														
Pavlova	1 481	355	21.0	8.7	36.1	19.2	5.2	0.5														
PB&J	1 357	324	15.8	4.5	40.4	23.6	5.1	0.4														
Peanut & coffee	1 702	409	27.4	10.7	33.2	13.5	7.4	0.5														
Peanut apple	1 462	349	16.5	4.9	44.8	27.0	5.3	0.5														
Peanut brittle	1 703	409	26.5	11.5	36.3	17.4	6.1	0.5														
Peanut butter banana	1 587	380	22.0	7.8	39.3	20.6	6.2	0.5														
Peanut crunch	1 750	420	28.4	10.7	33.5	14.1	7.7	0.5														
Peanut Nutella	1 712	411	27.4	9.6	33.7	11.6	7.3	0.6														
Pecan	1 783	428	30.3	10.6	32.7	12.5	6.3	0.5														
Pecan cherry	1 647	395	26.2	10.1	34.0	13.6	5.9	0.5														
Pink lemonade	1 485	355	20.2	8.6	38.6	22.8	4.8	0.4														
Pistachio & choco	1 670	401	26.6	10.3	33.4	12.9	7.0	0.5														
Pistachio cheesecake	1 802	433	29.9	12.4	33.8	14.3	7.2	0.5														
Pistachio heaven	1 739	417	27.1	10.7	36.2	15.9	7.1	0.5														
Pistachio mango	1 659	397	24.1	9.1	37.3	14.9	7.8	0.5														
Pistachio raspberry	1 629	391	24.9	9.8	35.3	15.4	6.4	0.5														
Pistachio strawberry	1 626	390	24.5	9.4	35.6	15.7	6.6	0.5														
Poppy	1 608	386	25.0	10.5	33.9	14.1	6.1	0.5														
Poppy kiss	1 610	386	24.9	10.3	34.2	14.4	6.3	0.5														
Poppy lemoncurd	1 716	412	27.9	12.3	33.4	14.7	6.8	0.5														
Pretzel	1 577	378	23.2	11.3	36.3	12.7	5.9	1.1														
Princess	1 929	461	26.1	9.4	49.9	21.6	6.8	0.7														
Pumpkin cheesecake	1 598	383	24.7	10.6	34.0	14.7	6.1	0.5														
Pumpkin spice	1 416	339	21.2	8.6	31.7	13.2	5.4	0.5														
Raffaello	1 720	413	27.0	13.4	36.5	17.2	5.9	0.5														
Rainbow	1 970	472	28.0	10.5	47.9	20.4	7.1	0.7														
Rákóczi kúrs - Apricot meringue	1 379	329	16.5	6.0	38.7	22.4	6.6	0.5														
Raspberry	1 551	372	23.3	9.8	35.0	15.4	5.6	0.5								</						

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Strawberry matcha	1 555	373	23.2	9.8	35.3	15.4	5.7	0.5															
Strawberry Oreo	1 571	377	23.3	9.7	36.0	15.8	5.7	0.5															
Strawberry poppy	1 650	396	25.0	9.8	36.0	14.7	6.6	0.6															
Strawberry vanilla	1 433	343	19.3	7.2	37.0	17.4	5.1	0.5															
Százsorszép - Daisy	1 594	382	24.8	10.9	34.2	14.5	5.7	0.5															
Szilvágombóc - Plummy	1 523	364	20.6	8.3	39.1	17.5	5.6	0.6															
Tejberlíz	1 667	399	24.4	10.6	39.1	18.3	5.9	0.5															
Tiramisu	1 537	369	23.8	9.9	32.9	11.3	5.8	0.6															
Toasted coconut	1 640	393	25.7	12.0	34.8	15.3	5.7	0.5															
Tricolor	1 648	395	25.4	9.7	35.1	15.2	6.7	0.5															
Triple choc	1 626	390	25.3	11.3	34.6	15.4	6.1	0.5															
Truffle choc	1 599	384	25.8	12.1	32.1	14.6	5.7	0.5															
Túró & barack	1 470	352	19.5	7.7	37.4	20.6	6.7	0.5															
Túró & eper - Strawberry & curd cheese	1 488	356	21.4	8.6	34.5	16.6	6.4	0.5															
Túró rudi	1 524	365	23.0	9.7	31.6	14.3	8.0	0.5															
Túrógombóc - Curd cheese dumpling	1 510	362	21.9	9.0	33.1	14.5	8.2	0.5															
Vanilla & apple	1 475	353	19.6	7.4	38.8	18.7	5.2	0.5															
Vanilla & strawberry	1 489	357	21.8	9.2	34.8	16.8	5.4	0.5															
Very berry	1 515	363	21.3	8.6	37.4	18.4	5.4	0.5															
Very berry cheesecake	1 520	363	19.7	7.7	41.5	24.0	5.0	0.4															
Walnut & apple	1 582	379	23.5	6.5	36.5	16.3	5.3	0.5															
Whiskey truffle	1 695	407	27.6	12.6	33.8	14.2	5.9	0.5															
ART SQUAREDONUT																							
Beetlejuicy	1 585	380	24.9	12.3	33.9	17.7	5.1	0.4															
Blueberry dream	1 361	326	20.1	10.0	32.4	17.1	3.9	0.4															
Caramel & fig	1 599	384	25.8	11.3	32.5	15.2	5.3	0.5															
Carrot cake	1 464	351	23.8	12.2	29.8	15.5	4.5	0.4															
Chessy	1 340	321	19.5	9.7	31.9	13.0	4.5	0.4															
Choco orange	1 356	325	21.0	10.7	29.6	15.7	4.4	0.4															
Creepy raspberry	1 479	355	23.9	12.2	30.3	14.5	4.6	0.4															
DUBAI LOVE choco	1 676	402	27.6	12.0	32.2	15.6	6.4	0.5															
DUBAI LOVE choco caramel	1 630	391	25.1	13.1	36.5	20.8	4.7	0.4															

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Pistachio	2 048	491	30,1	15,2	48,4	29,4	6,4	0,7															
Pistachio raspberry	2 021	484	29,5	15,1	48,3	29,7	6,3	0,7															
Pumpkin spice	1 733	413	19,8	13,0	54,3	30,8	4,6	0,9															
Raspberry & choco	1 805	430	22,3	14,6	52,5	32,9	5,1	0,8															
Rocher	1 880	450	26,2	13,3	48,1	31,2	5,6	0,7															
Sacher	1 608	384	17,5	11,4	52,2	33,0	4,4	0,7															
Salted caramel	1 860	444	22,7	14,9	55,6	39,1	4,4	0,7															
S'more	1 756	419	20,0	13,2	55,1	36,4	4,6	0,7															
Strawberry matcha	1 839	439	21,8	14,2	54,8	31,3	5,9	0,9															
Szilvágombóc	1 360	325	15,9	10,4	41,6	23,5	3,8	0,6															
SQUAREBAGEL																							
Avocado bagel	1 236	296	16,6	6,8	29,6	3,1	7,0	1,3															
Camembert & walnut bagel	1 150	275	13,1	6,9	31,5	5,6	7,6	1,2															
Caprese bagel	1 007	241	12,9	5,6	24,3	2,9	7,0	1,1															
Club sandwich bagel	981	235	13,4	3,2	16,9	2,0	11,6	0,9															
Cream cheese bagel	1 151	275	12,6	7,6	34,3	3,4	6,1	1,2															
Egg cream bagel	1 118	267	14,8	3,3	25,9	2,4	7,6	1,1															
Eggplant bagel	924	220	7,4	2,5	30,6	2,9	7,6	1,6															
Ham & cheese bagel	1 026	245	11,9	7,1	24,1	2,4	10,3	1,3															
Ham & eggs bagel	902	215	9,6	3,7	21,8	1,7	10,4	1,1															
Jammy bagel	999	236	3,6	1,8	45,5	10,0	5,4	1,0															
Nutty bagel	1 550	369	13,7	5,2	54,6	21,2	6,8	1,0															
PB&J bagel	1 242	295	10,7	3,0	41,9	8,1	7,8	1,0															
Peanut butter & Nutty bagel	1 601	382	16,9	5,1	48,5	14,6	8,9	1,0															
Peanut butter bagel	1 611	385	19,4	4,6	41,4	4,5	11,3	1,1															
Pulled pork & coleslaw bagel	1 094	261	12,7	3,0	30,2	4,6	6,6	0,9															
Salami bagel	1 212	290	16,3	8,5	26,6	3,1	9,3	1,7															
Salmon bagel	934	223	9,8	4,6	26,0	2,6	7,5	1,3															
Tuna bagel	831	197	5,4	2,6	28,6	2,7	8,6	1,2															
Bagel tapas	987	236	11,1	2,9	26,4	3,1	7,6	1,1															



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	Coco black ice cream	1 423	342	24.9	18.5	26.1	24.4	3.5	0.1	☐	☒	☐	☒	☐	☐								
	Coffee white ice cream	1 454	349	22.8	16.9	32.3	31.2	3.5	0.2	☐	☒	☐	☒	☐	☐								
	Everything ice cream	1 423	342	23.4	16.2	28.9	25.8	3.8	0.1	☒	☒	☒	☒	☒	☐								
	Everything pink ice cream	1 442	346	22.1	16.0	33.1	31.2	3.5	0.2	☒	☒	☒	☒	☐	☐								
	Lotus ice cream	1 407	338	22.7	16.2	29.8	25.6	3.4	0.2	☒	☒	☐	☒	☐	☐								
	Oreo white ice cream	1 434	344	22.1	15.8	33.0	30.6	3.4	0.2	☒	☒	☐	☒	☐	☐								
	Pecan ice cream	1 446	348	25.7	16.3	25.5	23.4	3.6	0.1	☐	☒	☐	☒	☒	☐								
	Pistachio & raspberry ice cream	1 426	342	22.6	16.0	30.9	29.5	3.8	0.2	☐	☒	☐	☒	☒	☐								
Rainbow ice cream	1 418	340	21.8	16.0	32.5	30.7	3.5	0.2	☒	☒	☐	☒	☐	☐									
Raspberry & coconut ice cream	1 422	341	22.8	16.9	30.7	29.5	3.4	0.2	☐	☒	☐	☒	☐	☐									
Rocher ice cream	1 438	345	23.4	15.8	29.6	28.2	4.0	0.2	☐	☒	☒	☒	☒	☐									
Salted caramel ice cream	1 408	338	21.3	15.7	32.9	31.6	3.5	0.4	☐	☒	☐	☒	☐	☐									
Sparkle ice cream	1 403	337	22.2	16.4	31.0	30.2	3.3	0.2	☐	☒	☐	☒	☐	☐									
Strawberry ice cream	1 352	325	22.9	16.8	26.4	24.8	3.3	0.1	☐	☒	☐	☒	☐	☐									

■ contains □ may contain

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The perfect donut experience includes informing consumers with food allergies, so with the above information, they can confidently choose from their favorite squaredonuts.

Due to the handcrafted nature of our products and the production technology:

- we cannot guarantee the exclusion of cross-contamination and the absence of any allergens
- the nutritional values declared may vary slightly from product to product and may differ from the above

Some - typically seasonal, themed or unique - products are not included in our allergen table. For nutritional and allergen information on these products, please contact our colleagues.